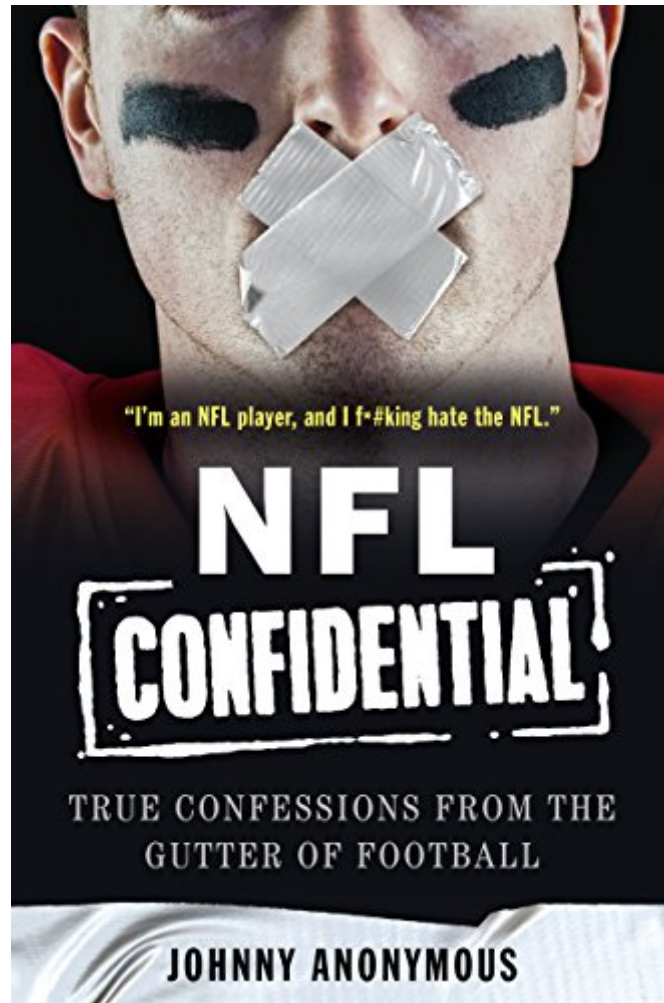


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# NFL Confidential: True Confessions From The Gutter Of Football



## Synopsis

A current pro player takes fans on a pseudonymous trip through one of the most infamous years of football—the very long, sometimes funny, often controversial 2013-2014 season—sharing raucous, behind-the-scenes, on-the-field, and in-the-locker-room truth about life in the National Football League. “Well, to hell with being safe. I’m going to be honest.” Johnny Anonymous’s life goal was to be nothing greater or less than the Best NFL Back-Up of All Time. For two years, he was content earning hundreds of thousands of dollars to stand on the sidelines doing absolutely nothing. But early in his third year, a starting lineman is injured, and he suddenly finds himself on the field. For most players, this moment is a dream come true. But not so for our author, one of the incredibly rare birds in football who reach the highest echelons, but who actually hate America’s favorite game. That’s right. Johnny Anonymous hates football. He hates what it does to his body, his brain, his life. Luckily, he can see the humor in his own situation, but also in the machinations of the NFL. Part truth-telling narrative, part whip-smart commentary that only a true insider could bring, part hilarious, NFL Confidential gives football fans a look at a world most would give anything to see, and gives non-fans a wild ride through the strange, and sometimes disturbing customs and realities of football today. Here is a truly unaffiliated look at the nation’s biggest, most lucrative pastime over the course of one of its most transformative seasons. From hard-to-stomach diets, showdowns in the weight room, shenanigans in the locker room, the looming dread of being cut from the team, the racial issues that still exist in modern-day football, the rock-star lifestyle that players find themselves able to afford and sometimes enjoy a little too much, the notion of being lauded in a league plagued by controversy and the sharp contrast between the love/hate of the game and the reality of the job, Johnny reveals a never-before-seen side of the NFL.

## Book Information

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## Customer Reviews

Who is Johnny Anonymous? That question is wandering through the internet as sports fans and members of the sports media sift through the various clues in *NFL CONFIDENTIAL*, his tell-all of life in the National Football League. Johnny's identity eventually will become known, but for now it is sufficient to recognize that he is an athlete telling fans things about their game that many refuse to accept. Behind-the-scenes sports books written by athletes appear frequently these days. Jim Brosnan wrote *THE LONG SEASON* in the late 1950s and was soon followed by Jim Bouton's *BALL FOUR*. Both writers were Major League Baseball pitchers, telling fans about the sordid side of the game. For their efforts, they earned the enmity of many baseball fans, executives and players. But they told the truth. In *NORTH DALLAS FORTY*, Peter Gent told football fans about life in a fictional NFL. For his effort, he was blackballed from the game. Perhaps Johnny is unwilling at this time to reveal his identity. He might still be playing, or he might hope for a post-playing career in the NFL. Whatever his motive, he chooses to keep his identity secret. He also avoids the names of teammates, coaches and his own team in his effort at secrecy. But the lack of that information does not in any fashion lessen the disclosures in *NFL CONFIDENTIAL*. Many fans will not be surprised by the revelations of the book, which is a chronicle of the 2014 season. In the year since, a great deal of dirty NFL laundry has been discovered and washed in public. Reading it, many fans will simply nod and say, "I knew that." Johnny toils in the NFL obscurity of the offensive line. He is an undersized and underweight reserve guard. At 6'3" and 279 pounds, he must struggle to weigh in at 285.

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